

# January - Tevet February - Shevat

Hi, I'm Blue!

טבת/שבט/אדר



## Hebrew word:

**Sababa / סובה**

Literal translation: cool, great  
Sababa is one of the most commonly used words in Hebrew, it can also be pronounced as sababi or sababush (because Israelis like to add "ush" to the end of everything!)



## JNF Canada Project

### Renewal & Tree Planting

For over 70 years, Segev Forest has served as a local green lung for residents of the Lower Galilee, enriching the quality of life and preserving the evergreen Galilee landscapes. For this year's Tu Bi'Shevat Campaign, JNF is supporting the renewal of parts of the forests, to ensure the forest's wellbeing and durability so it can continue serving both people and wildlife.



## Did you know?

1. In Israel, you can Ski and Sea - all in one day!! With skiing now on the winter sports agenda, you can ski or snowboard on the Hermon mountain and in just a few hours drive to the south of Israel, snorkel in Eilat on the Red Sea.

Use this map to share with your children that Israel has it all; beaches, mountains, desert and lakes!

### Colour this Map of Israel



2. Secret Mission brings Yemenite Jews to Israel (Jan 2009).

3. The modern Knesset (government) convened for the first time (Feb 14, 1949).

4. A 2,500 year old Greek warrior helmet was discovered in Haifa (Feb 2012). **Read More**



## Tu Bi'Shevat

### Learn about the Tu Bi'Shevat Seder

#### Learn about how our food ends up on the Seder table

Can you name 15 varieties of cherry tomatoes? What about 4 types of carrots? In honour of Tu Bi'Shevat, you can reconnect with Israeli nature in a three-hour visit to "The Salad Trail". A unique touch- and-taste farm in the Hevel Habesor region of the northern Negev.

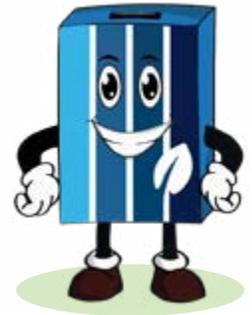


# The JNF Blue Box

From its humble beginnings in 1902, the Blue Box has long since become a Jewish cultural icon. Over the years, The Blue Box has come in variations of shapes; American boxes were round, German boxes had the shape of a book, and in several central-European countries, there were paper boxes that could be folded and carried in a pocket.

[Click here to see all JNF blue boxes through out the decades.](#)

JNF Canada will be launching an exciting new Digital Blue Box soon. Stay tuned!



## Blue's Favourite Activities

**Gets Creative!** Send us a photo of your family doing an activity and be entered to **win a \$25 gift card!** Photos can be sent to Melanie at [melanie.kushner@jnf.ca](mailto:melanie.kushner@jnf.ca) by Feb 25, 2023.

1. Make a terrarium using recyclable materials.

[Link to Activity](#)



2. Have a fun scavenger hunt with the family.

[Link to Activity](#)



3. Plant parsley to be harvested at Passover. For a donation of \$18, a tree will be planted in the Segev Forest and JNF will send you a certificate and parsley seeds for this activity. [Link to Activity](#)



4. Create a family tree, using one of the seven species of Israel.

[Link to Activity](#)

## Blue's Recipes!

### Blue's favourite Israeli salad

The One Salad You Need In Every Meal!  
Shirazi Salad



[Click here for recipe](#)

### Shiv'at Haminin Salad

7 agricultural products enumerated in the Torah as special to the Land of Israel



[Click here for recipe](#)

### Everything Cookies

Love the base?  
Try adding in chocolate gelt and crushed potato chips



[Click here for recipe](#)

## Blue's Tu Bi'Shevat Playlist



<https://youtu.be/YUqZ3MTIXYo>  
<https://youtu.be/aHX1fJ9I-w>

## Blue's Favourite Books for Tu Bi'Shevat



1. **Thank you, Trees!** by Gail Langer Karwaski and Marilyn E. Gootman (ages 2-6)
2. **Dear Tree** by Doba Rivka Weber (ages 3-6)
3. **Netta and her Plant** by Ellie B. Bellman (ages 4-8)
4. **The Heart Shaped Leaf** by Shira Geffen (ages 5-8)
5. **Pearl Moscowitz Last Stand** by Arthur Levine (ages 4-9)