

May/Iyar and June/Sivan

Achla



Hebrew word:

Achla
אחלה

Literal translation: Awesome, great.
We use this word to describe anything that is amazing!

Jewish Holidays

Lag B'Omer - The 33rd Day of the Counting of the Omer

Evening of May 8, 2023

Between Passover and Shavuot, we count the 49 Days of Omer. Omer is considered a period of semi-mourning (Omer is explained more here). Lag B'Omer is the 33rd day of the Omer in which celebration is permitted. Many Jews like to plan weddings on this date for this reason. In Israel, the most popular activity on the holiday is creating a bonfire; other activities include having picnics and playing sports.



Yom Yerushalayim - Jerusalem Day



May 19, 2023 / 28th of Iyar

Celebrating the heart of Israel! Yom Yerushalayim the newest holiday on the Jewish calendar celebrating the reunification of the city of Jerusalem in 1967. King David first made Jerusalem the capital city of the Jewish people 3000 years ago.

On Yom Yerushalayim, there are special parades and marching with the flags of the city singing and dancing in the streets. The city holds special tours and concerts.

Did You Know?

1. Jerusalem is known by 70 names in the Bible, **each of them with a different meaning.**
2. There are 34 watchtowers along Jerusalem's Old City wall and there are 7 gates for traffic.
3. Jerusalem is a holy city for Jews, Christians and Muslims.
4. There are more than 60 museums in Jerusalem.
5. Yerushalayim, Hebrew for Jerusalem, contains the word "Shalom" which means peace.
6. The Biblical Zoo is located in Jerusalem, offers a collection of wildlife featured in the Bible.

Can you recognize some of these incredible, ancient animals ?



The Addax

[Learn About It Here](#)



The Eagle- Owl

[Learn About It Here](#)



The Cheetah

[Learn About It Here](#)



Shavuot

Evening of May 25-May 27, 2023 / 6th of Sivan

Shavuot is the Jewish holiday commemorating the anniversary of the Jewish people receiving the Ten Commandments on Mount Sinai and the first grain harvest of early summer. It falls 50 days after Passover. Traditionally, we celebrate the holiday with a dairy meal and spring flowers.



Did You Know?

1. Shavuot is a time to brush off your water gun – many Israelis, mark the festival with water fights.



2. There is a tradition to wear white for this holiday.



3. In the Land of Milk and Honey (Israel), Shavuot is the holiday celebrating all the dairy produce of the country.



Blue's Favourite Activities



Yom Yerushalayim

1. Take a picture of yourself at the Kotel

[Link to Activity](#)



2. Kotel Pop-Up Card for Yom Yerushalayim

[Link to Activity](#)



3. Go on a virtual tour of Jerusalem

[Link to Activity](#)



Shavuot

1. Make Ice-Cream in a Bag

[Link to Activity](#)



2. Crepe Paper Roses

[Link to Activity](#)



3. Soap Tablets

[Link to Activity](#)



Blue's Recipes!



Yom Yerushalayim

Jerusalem Bagels

Move over regular bagel, Jerusalem Bagel has come to take your place.



[Click here for recipe](#)

Jerusalem Kugel

In the 1700s thousands of Hasidic Jews moved to Jerusalem, bringing with them this sweet and peppery treat.



[Click here for recipe](#)

Jerusalem Vegan Mixed Grill

The real secret is in the spice blend.



[Click here for recipe](#)

Shavuot

Israeli Breakfast for Two

There's nothing like an Israeli breakfast.



[Click here for recipe](#)

Low Fat Broccoli Quiche

Tip: Use Greek yogurt instead of cream to make it healthier!



[Click here for recipe](#)

Healthy Cheesecake Cups

Love cheesecake? Hate all the fat and calories?

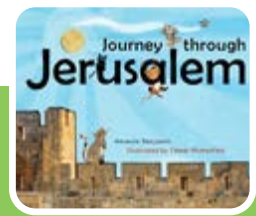


[Click here for recipe](#)

Blue's Favourite Books

1. **Journey through Jerusalem**
by Amanda Benjamin
2. **Shimri's Big Idea**
by Elka Weber

3. **The Art Lesson: A Shavuot Story**
by Allison Marks and Wayne Marks
4. **The Littlest Mountain**
by Barb Rosenstock



Blue's Playlist For

Yom Yerushalayim

- https://youtu.be/OWOYDCIc_t0?t=11
- <https://youtu.be/Bcd5il8YOIM>



Shavuot

- <https://youtu.be/4oBWzeqcHk8>
- <https://youtu.be/pSqGpQHqUv8>

